

1 procedure to follow to request a hearing, as provided in Labor Code section 139.21(b)(2)
2 and California Code of Regulations, title 8, section 9788.1; and

3 WHEREAS, pursuant to Labor Code section 139.21(b)(2) and California Code of
4 Regulations, title 8, section 9788.1(d), the written notice advised Ingrid Abrams that the
5 suspension would start thirty (30) calendar days after the date of mailing of written notice,
6 unless Ingrid Abrams submitted a written request for a hearing within ten (10) calendar
7 days of the date of mailing of the notice; and

8 WHEREAS, Ingrid Abrams did not submit a written request for hearing within ten
9 (10) calendar days of the date of mailing of the notice; and

10 WHEREAS, the Administrative Director is required to suspend any physician,
11 practitioner, or provider pursuant to Labor Code section 139.21 and California Code of
12 Regulations, title 8, section 9788.2, after thirty (30) days from the date the notice was
13 mailed, unless the physician, practitioner, or provider submits a written request for a
14 hearing within ten (10) calendar days of the date of mail of the notice;

15 **IT IS HEREBY ORDERED** that Respondent Ingrid Abrams is hereby suspended
16 from participating in the workers' compensation system as a physician, practitioner, or
17 provider.

18
19 Date: September 30, 2025

/S/ George P. Parisotto

George P. Parisotto
Administrative Director
Division of Workers' Compensation