

**MAXIMUS FEDERAL SERVICES, INC.**

Independent Medical Review

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**Notice of Independent Medical Review Determination**

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Dated: 11/13/2013

[REDACTED]

[REDACTED]

Employee:	[REDACTED]
Claim Number:	[REDACTED]
Date of UR Decision:	7/8/2013
Date of Injury:	9/22/2003
IMR Application Received:	8/2/2013
MAXIMUS Case Number:	CM13-0006346

- 1) MAXIMUS Federal Services, Inc. has determined the request for **liver function test with BUN/creatinine lab work for back pain** is medically necessary and appropriate.

## INDEPENDENT MEDICAL REVIEW DECISION AND RATIONALE

An application for Independent Medical Review was filed on 8/2/2013 disputing the Utilization Review Denial dated 7/8/2013. A Notice of Assignment and Request for Information was provided to the above parties on 8/26/2013. A decision has been made for each of the treatment and/or services that were in dispute:

- 1) MAXIMUS Federal Services, Inc. has determined the request for **liver function test with BUN/creatinine lab work for back pain** is medically necessary and appropriate.

### Medical Qualifications of the Expert Reviewer:

The independent Medical Doctor who made the decision has no affiliation with the employer, employee, providers or the claims administrator. The physician reviewer is Board Certified in Internal Medicine and is licensed to practice in California. He/she has been in active clinical practice for more than five years and is currently working at least 24 hours a week in active practice. The Expert Reviewer was selected based on his/her clinical experience, education, background, and expertise in the same or similar specialties that evaluate and/or treat the medical condition and treatments and/or services at issue.

### Expert Reviewer Case Summary:

Claimant has a history of low back pain status post (s/p) lifting injury while loading a heavy object into a truck bed. He has a history of a prior L4-S1 lumbar laminectomy/fusion with two subsequent revisions. Medical records of recent clinic encounters indicate that the claimant is still experiencing chronic, severe low back pain radiating into bilateral lower extremities. He is currently on a variety of analgesics and opioid pain medications. Plan is to slowly wean these medications and consider potential neurostimulator trial for improved symptomatic relief. Review is to determine if requests for liver function tests (LFTs) and Bun/Creatinine lab tests since the patient has been on chronic pain medications are medically appropriate/necessary

### Documents Reviewed for Determination:

The following relevant documents received from the interested parties and the documents provided with the application were reviewed and considered. These documents included:

- Application of Independent Medical Review
- Utilization Review Determination
- Medical Records from Claims Administrator
- Medical Treatment Utilization Schedule (MTUS)

- 1) **Regarding the request for liver function test with BUN/creatinine lab work for back pain :**

#### Section of the Medical Treatment Utilization Schedule Relied Upon by the Expert Reviewer to Make His/Her Decision

The Claims Administrator based its decision on Harrison's Textbook of Medicine, Web Edition, which is not part of the MTUS.

The Expert Reviewer found that no section of the MTUS was applicable. Per the Strength of Evidence hierarchy established by the California Department of Industrial Relations, Division of Workers' Compensation, the Expert Reviewer based his/her decision on Opioid Safety in Patients with Renal or Hepatic Dysfunction. Pain-topics.org. June 2007.

Rationale for the Decision:

Opioid narcotic pain medications are metabolized by the liver and cleared by the kidney. For this reason, it is imperative to routinely check liver function tests (LFTs) and creatinine clearance (CrCl) since altered drug metabolism and clearance can lead to accumulation of the opioid parent drug and its metabolites, causing potential toxicity and overdose. A review of the submitted records indicates that the employee is currently on a variety of analgesics and opioid pain medications. For these reasons, the request for LFTs and BUN/Cr lab tests are indicated. **The request for liver function test with BUN/creatinine lab work is medically necessary and appropriate.**

**Effect of the Decision:**

The determination of MAXIMUS Federal Services and its physician reviewer is deemed to be the final determination of the Administrative Director, Division of Workers' Compensation. With respect to the medical necessity of the treatment in dispute, this determination is binding on all parties.

In accordance with California Labor Code Section 4610.6(h), a determination of the administrative director may be reviewed only if a verified appeal is filed with the appeals board for hearing and served on all interested parties within 30 days of the date of mailing of the determination to the employee or the employer. The determination of the administrative director shall be presumed to be correct and shall be set aside only upon proof by clear and convincing evidence of one or more of the grounds for appeal listed in Labor Code Section 4610.6(h)(1) through (5).

Sincerely,

Paul Manchester, MD, MPH  
Medical Director

cc: Department of Industrial Relations  
Division of Workers' Compensation  
1515 Clay Street, 18<sup>th</sup> Floor  
Oakland, CA 94612

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Disclaimer: MAXIMUS is providing an independent review service under contract with the California Department of Industrial Relations. MAXIMUS is not engaged in the practice of law or medicine. Decisions about the use or nonuse of health care services and treatments are the sole responsibility of the patient and the patient's physician. MAXIMUS is not liable for any consequences arising from these decisions.