

WORK SMARTER, NOT HARDER

Think Ergonomics - fitting the task to the person
For very small businesses - dry cleaners



Avoid bending at the waist

1
LIFT
SMARTER



Keep your waist straight

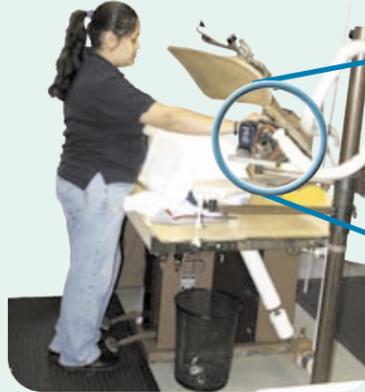


Use springs to raise the height of clothes and reduce reach



Avoid over reaching

2
MODIFY
THE
REACH

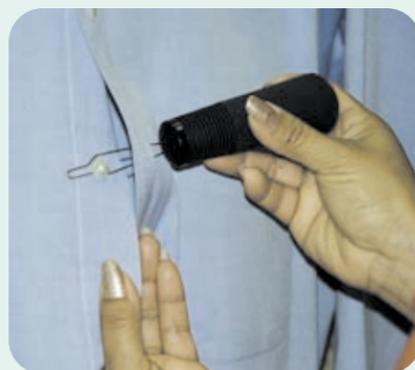


Bring it closer



Adjust the platform to move the iron closer to you

3
USE A
BETTER
TOOL



- Use a “button pulling” device to help pull the button through the hole

4
WEAR
APPROPRIATE
SHOES



- Wear closed toed shoes with good support
- Stand on a cushioned mat to reduce leg fatigue